|  |
| --- |
| **4-H Scavenger Hunt for Items for Area Food Pantries** |

**FAMILY NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLUB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| Details:   * Identify a food pantry that your club wants to donate to, contact them to make arrangements and ask what they need most and what types of foods they can handle/freezer space, **before you begin collecting**. * Hand out score sheet to families in your club * Email or mail letters to friends and relatives, get them to join in! * Consider having your club reporter submit a press release to a local paper. * Make plans for collection points or pick-up with your club and due dates. * One person or family can collect food and tally points. * Hand in your total points to Extension Office by March 7th by 4:30 pm. * Donate your collected food and or money * Report back to your club on the amount of food collected. Take time during a club meeting to lead a reflective discussion on the process and what was learned. * Each item is worth 3 points and packaged multiples are worth 10 points. |

|  |  |  |  |
| --- | --- | --- | --- |
| **FRUITS** | **Points Total** | **VEGETABLES** | **Points Total** |
| Applesauce |  | Canned Vegetables |  |
| Canned and shelf stable fruits |  | Potatoes |  |
| Dried Fruit |  | Vegetable Juice |  |
| Fruit Juice |  | Fresh Vegetables |  |
| Fresh Fruits |  |  |  |
|  |  |  |  |
| **DAIRY** |  | **GRAINS** |  |
| Fluid Milk |  | Bread |  |
| Evaporated or Canned Milk |  | Rice |  |
| Non-fat dry milk |  | Pasta |  |
| Cheese |  | Oatmeal |  |
| Cottage cheese |  | Cold cereal |  |
| Yogurt |  | Breakfast or granola bars |  |
| Soy milk |  | Crackers |  |
|  |  | Muffin, Cornbread, Pancake mix |  |
| **PROTEIN FOODS** |  | Bagels |  |
| Eggs |  | Pretzels |  |
| Frozen or refrigerated meat |  | Stuffing Mix |  |
| Canned Meats |  | Tortillas |  |
| Canned and dry beans |  | Popcorn |  |
| Nuts and seeds |  |  |  |
| Nut butter (peanut, almond, etc.) |  |  |  |
| **SUBTOTAL** | | |  |

Page 1

|  |  |  |  |
| --- | --- | --- | --- |
| **MEAL MAKERS** | **Points Total** | **STAPLES, SPICES &**  **CONDIMENTS** | **Points Total** |
| Soups |  | Baking mixes |  |
| Canned Stews |  | Baking soda |  |
| Spaghetti sauce |  | Baking powder |  |
| Hamburger Helper |  | Sugar |  |
| Tuna Helper |  | Flour |  |
| Sloppy Joe Mix |  | Oil (Vegetable and Olive) |  |
| Macaroni & Cheese |  | Mayonnaise |  |
|  |  | Ketchup |  |
| **HOUSEHOLD/ANY OTHER** |  | Mustard |  |
| Paper towel |  | Gravy |  |
| Toilet Paper |  | Salsa |  |
| Kleenex |  | Salad Dressing |  |
| Laundry Soap |  | Spices |  |
| Hygiene items |  |  |  |
| Spray Cleaner |  |  |  |
| Pet Food |  |  |  |
|  |  |  |  |
| **CASH – 1 point per dollar (Example: $2.00 + 2 points)** | | |  |
| **Work a shift @ food pantry (50 points per shift)** | | |  |
| **TOTAL** | | |  |

Page 2