Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so 10 days before the program activity so that proper arrangements can be made.

An EEO/Affirmative Action Employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and DA. Extending the resources and knowledge of the University of Wisconsin system to the people of Vernon County.

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**What’s Going On**
Attention all new adult 4-H volunteers/leaders!

The **required** adult 4-H volunteer orientation is currently being revised at the state level. For this reason, no classes will be offered until after the 1st of the year. Please keep an eye on future newsletters for further information and dates! If you have any questions, please call Colleen Pulvermacher, 4-H Youth Development Educator, 637-5276.

**Vernon County 4-H**

**Trip Award Deadline**

November 1st!

Interested in applying for a Vernon County 4-H 2016 Trip Award? Complete trip award packets are available on our website [http://vernon.uwex.edu](http://vernon.uwex.edu). The Vernon County 4-H Leader Parent Federation generously funds 50% of the cost of award trips for 4-H members in good standing. Additional funding may be available if there is financial hardship. Contact Colleen for a confidential discussion, 637-5276 or colleen.pulvermacher@ces.uwex.edu

**Save the Date!**

4-H Arts Fest

Saturday, March 5th, 2016

Complete entry information will be in the December newsletter! Note, entry deadline date change to mid-January!

**Save the Date!**

Upham Woods Summer Camp

July 24-26, 2016

**Registration for 2016 Space Camp is now open!**

4-H Missions in Space program, known as Space Camp, is a fun-filled weekend for middle school youth, current 6th - 8th graders, at the U.S. Space & Rocket Center in Huntsville, Alabama, where participants:

- Complete a simulated Space Shuttle mission
- Experience training simulators
- Tour the U.S. Space & Rocket Center
- Learn about becoming an astronaut

Registration for Space Camp is done through your 4-H online account and is open NOW! Complete information is on our website, [http://vernon.uwex.edu](http://vernon.uwex.edu).

Past Space Campers are being contacted directly about the opportunity to be a camp counselor.

Federation policy states the first six youth attending Space Camp for the first time will be awarded $200 toward their trip. Financial support may be available for returning campers and for youth selected as counselors.

**National 4-H Week, October 4th—10th!**

Listen for 4-H calendar raffle winners on WVRQ AM 1360 Radio Station, 12:15 p.m. News Monday—Friday October 1st—30th! Winners listing updated weekly on our website, [http://vernon.uwex.edu](http://vernon.uwex.edu)

**2015 National 4-H Window/Business Display Challenge**

October 25 – 31, 2015

This is a voluntary Club Level Challenge. To better promote National 4-H Week, each club is challenged by the Vernon County 4-H Leader/Parent Federation to create a window or promotional display in a business within their area of Vernon County.
Enterprise Eagles—Martha Haugen

August—Our last meeting was held on August 2, 2015 at 1:03pm at the Chasburg Village Hall. Forty-one (41) members were present and President Cordell Sagler called the meeting to order. Brigitta Haugen and Whitney Mislivecek led pledges and I did roll call. Katie read the Treasurer’s report and I read the Secretary’s report. Both were approved as read. We discussed old business which was the can bin emptied, Upham Woods, Milk Can project, and Jacob’s Ladder project. Then we discussed new business which was the Chasburg Sole Burner team and Officer elections at the October meeting. The Leader Update included the Science trip, fair entries, and the food stand. There was a motion to adjourn the meeting and the meeting ended at 1:46pm. After the meeting, we talked about our fair projects.

Mapledale Motivators/Rt. 56 - Christian Nelson

September—The Mapledale Motivators/ Rt. 56 4-H club meeting was held on September 13th, 2015 at the Vernon County 4-H Food Stand. 24 members were present. The club will be creating a window display at Utopia in downtown Viroqua in October. Members also elected new club officers for the new club year. Max Dach was elected president, Darby Wagner was elected vice president, Josh Rebhahn was elected treasurer, and Christian Nelson was motioned in as secretary. The club also enjoyed a taco potluck lunch. The next meeting will be on October 11th, 2015 at the Vernon County Extension office. The club will be making pans of lasagna for the local firefighters.

Note from Colleen

Dear 4-H Families – I will be out of the office Oct. 15th until early December. I am having knee replacement surgery and will be totally focused on my rehabilitation, so I will not be checking emails or voicemails. I appreciate your kind understanding of my absence. I look forward to improved mobility in 2016!

We have a few fair projects and ribbons here at the Extension Office that were not picked up after the fair again this year. Please check with your club leader to see if they have picked up these items or if you need to come to the Extension Office yourself. All projects and or ribbons must be picked up before Monday, November 30th or they may be donated and or thrown away!

2015 Junior Targhee Association Starter Flock Contest

Congratulations Katelyn!

Katelyn Dunnum was the recipient of the 2015 Junior Targhee Association Starter Flock Contest. She entered an essay discussing the history of the Targhee sheep as well as her history with sheep and fiber arts. Katelyn was presented with a yearling ewe and two lambs at the Jeff and Leslie Nevens farm in May of this year. She showed the sheep at the Wisconsin State Fair and the Vernon County Fair.

Wisconsin State Fair Recognition

Congratulations to Finley!

Finley Konrad is a Seas Branch Smithies 4-H club member, who earned Staff Favorite distinction at the 2015 Wisconsin State Fair for her eagle drawing!
### November 2015

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2015-2016 4-H Year 4-H Re-Enrollment

Online open enrollment available now!

It is time to start the re-enrollment and new enrollment process for the upcoming 4-H calendar year of 2015-2016! Registration for all 4-H enrollments are to be done online at https://wi.4honline.com. Reminder! All fees will be collected at the club level as usual. A member will not show “actively” enrolled until all enrollments fees have been paid to and “confirmed” by your club leader and subsequently turned into the Extension Office to be “accepted”. Enrollment deadline is November 15th. A $5.00 late fee applies to all re-enrollments received by your 4-H Club Leader after the November 15th deadline.

PLEASE NOTE: Enrollment in 4-H and 4-H projects is not the same as a Vernon County Fair Entry. Vernon County Fair online entry is a completely separate process. Further information regarding fair entry, can be found on the fair website: http://www.vernoncountyfair.com. The Vernon County Fair entry website may not be active until mid June and is not to be confused with the 4-H project enrollment deadline of June 1st.

If you have any questions regarding 4-H enrollment and or resource materials please contact the Extension Office during our regular office hours of: 8:30 a.m.—4:30 p.m.—Monday-Friday! The Extension Office has a library full of project information. Come “check” them out!

4H ONLINE Re-Enroll Members/Leaders

OVERVIEW
This document explains the process of a family re-enrolling members and leaders in 4HOnline.

GETTING STARTED
To get started with the re-enrollment process, go to https://wi.4honline.com and log in with your family email and password. On the family home screen, click on the orange button labeled Continue to Family. On your Member/Volunteer list, find the family member you wish to re-enroll and click on Edit next to their name.

RE-ENROLL
At the bottom of the next screen, click on the button for Enroll for 2014-2015. If the youth is over 17 years old, a box will appear asking if you wish to enroll as a youth or an adult. If the youth is graduating from 4-H and wants to continue as an adult leader, then choose Enroll As Adult, otherwise select Enroll as Youth. (Note: Volunteer Orientation must be completed to be accepted as an adult 4-H Leader.) You will now see the Personal Information that you entered when you first enrolled. Look over the information and make any corrections. If the youth was in 12th grade last year, you must select the grade for this year, either Post High School Education or Not in School. When you are done, click on Continue. Next is the Additional Information screen where you will need to accept the agreements and answer the Photo Release and Accommodations questions. Click Continue when done. The Health Form for members is optional at enrollment, but you could be asked to complete it in the future if you attend any events that require one. Click Continue when done. If you are an adult volunteer and see the Volunteer Screening page, then it has been 4 years since the last time a background check has been completed. You need to check over the answers to the questions and correct as needed. This page will only appear every 4 years. Click Continue when done. On the Participation -> Club screen, confirm the correct club is listed. If you serve in a volunteer role (but not as a project leader) click on Edit and select the volunteer type. Click on Update to save the change. Click on Continue when done. On the Participation -> Projects screen, confirm all the projects you are enrolled in are listed. Add any missing projects. If you are dropping a project, click on Edit for that project and then click on Delete. After making sure all your projects are listed correctly, click on Submit Enrollment.

University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. UW-Extension provides equal opportunities in employment and programming including Title IX and ADA.
Support the Paper Clover fundraiser October 7-18, 2015. Tractor Supply Company (TSC) invites you to support 4-H by donating a $1 Paper Clover at check out. 100% of each dollar supports 4-H, with 70% of all funds directly supporting local and state 4-H programs in your community.

Photography Project News

4-H & Youth State Photo Display

Each county may enter up to three photos to be included in the 4-H & Youth State Photo display (only one entry per person.) The entire State Photo Display will be exhibited for the first time at the Wisconsin State Fair Afterward. County Extension offices and volunteer leaders may borrow it through the Cooperative Extension Media Collection for local photo training and for exhibiting at 4-H events. A photo entry is a single color or black-and-white print made from a negative, slide or digital image. The photo can be any size but should be UNMOUNTED. Please remove tape or glue from the back of the photos. If the photo entry is part of a multi-photo exhibit, separate a single photo and send that photo only.

2015 Vernon County Fair 4-H Youth Selected for this honor are:
Elias Bolstad—Nerison 4-H Club
Morgan Sagler—Enterprise Eagles 4-H Club
Benjamin King—Retreat Ramblers 4-H Club

Beef Project News

Vernon County Jr. Beef was well represented at the 2015 WI State Fair!
Thornberry Mystery won reserve senior heifer calf champion and went on to win reserve champion bred and owned Angus Female. Claire Hawthorne owns the winning heifer. Claire was also named the reserve champion showman in the 16 year old division.

CLF Lady 84B won reserve grand champion female in Junior Angus Show after being named the junior champion. Allison Hawthorne owns the winning heifer. Allison was also named the reserve champion showman in the 18 year old division.

Both Allison & Claire are members of the Nerison 4-H Club.

Max Dach exhibited a reserve division champion bred and owned Shorthorn heifer in the Jr. Show. Max is a member of the Mapledale/ Motivators/Rt 56 4-H Club. (No photo available)
What a great 2015 year for our Vernon County 4-H Horse & Pony Project!!! First of all, thank you to all of the 4-H members, parents, volunteers, Vernon County Fair Board, to those who provided financial support and everyone else for your support of the horse barn improvement project! Your hard work and support is what made it happen! The positive comments from people attending the fair, was awesome!! I believe everyone enjoyed this year’s fair! Congratulations to all of our Vernon County Fair horse show participants, everyone did a great job! What a great surprise for all of us to find out that Pat Stevenson was the judge this year! Pat not only provides support to our Horse & Pony project with summer clinics, but also one day picked up a hammer and helped with the work in the barn! Congratulations to our 4-H Wild Riders Drill Team on two great performances! Your hard work and dedication paid off!! Until next time, Happy Trails!

Sally Brose, Vernon County 4-H Horse & Pony Project Leader

Thank you Alan Seelow & Pam Seelow and Gerry and Corky Roethel! We love our new stalls! Sincerely, Members, Horses & Ponies of Vernon County 4-H Project

Kami DeLap on Sailor Seas Branch Smithies 4-H

Bella Roth, Davis Diggers 4-H, standing in front of newly completed box stall, with her horse Checkmate all tucked in and displaying her awards!

Emilie & Kerbie Brose, & their horses Bubb & Smokie, waiting for class results. They are members of Seas Branch Smithies 4-H

Wild Riders 4-H Mounted Drill Team! Go Team!!!

Pat Stevenson, hard at work on the new stalls. Thanks Pat!

Question: Who is that masked rider & horse?

Answer: It is Olivia Strasser & her horse Pepsi! Retreat Ramblers 4-H

Alan Seelow making sure it is just right!

Kerbie Brose & her horse Smokie. Seas Branch Smithies 4-H
James W. Crowley 4-H Dairy Leadership Awards

The James W. Crowley 4-H Dairy Leadership Award program provides recognition to youth who have excelled in their dairy project. The James W. Crowley Dairy Management and Extension Fund is the sponsor of this award. We are pleased to name the award in honor and memory of James W. Crowley, longtime Extension Dairy Specialist and strong supporter of dairy youth projects. A special engraved medallion will be presented to the outstanding 4-H dairy project member in each county for their accomplishments in 2015. These medallions are provided by the Crowley Fund. County Award winners are eligible to compete for 15 state-wide awards. State winners will receive plaques and the top two youth in the state competition will each receive $500 awards for continuing their dairy education.

SELECTION
Selection of the Leadership Award will be based on each county’s own selection criteria. Possible criteria could include evaluation of record books, selection by a county dairy committee/agent, or any other selection method that the county deems appropriate.

ELIGIBILITY
Must be currently enrolled in the 4-H Dairy Project and have at least two previous years of membership in it. Must be in 10th-12th grades as of January 1, 2016. Should have an outstanding record of involvement and accomplishments in the 4-H Dairy Project.

AWARD TIMELINE
August 2015 – March 2016 – Counties select individual winners using their own selection criteria.
March 31, 2016 – Each county should submit the name and address of the county award recipient by March 31 to Beth Heinze. A second individual from the county may be nominated for the state-wide award. That individual’s contact information must also be turned in by March 31.
April 15, 2016 – The Extension Youth Specialist will send each county winner/nominee an application to compete for the statewide awards.
May 15, 2016 – State Award Forms must be returned by May 15 to Beth Heinze.
July 15, 2016 – 20 finalists for interviews will be notified.
August 3, 2016 (at State Fair) – Finalist interviews
August 7, 2016 – Winners announced at the Governor’s Dairyland Youth Celebration

Complete award information and applications are available at the Vernon County UW-Extension Office and on our website: http://vernon.uwex.edu
FRIEND OF 4-H & SPECIAL LEADER AWARD
VERNON COUNTY 4-H NOMINATION FORM

Mail completed form(s) to: UW-Extension Office, 318 Fairlane Dr., Suite 392, Viroqua, WI 54665
NOMINATIONS DUE: November 1st

(Please check one box, use a new nomination form for each award area)

Purpose: Annual awards given to those who truly support the 4-H program, special 4-H leaders.

☐ **Friend of 4-H** This award is designed to recognize a business, organization or individual that supports the Vernon County 4-H Program. The “friend” does not need to reside in Vernon County. The “friend” must not be a current certified 4-H leader. Nominations may be submitted by 4-H members and leaders in the Vernon County 4-H program. Supporters may receive the nomination more than once. The Vernon County Leader/Parent Federation will make the final selection.

☐ **Special Leader Award** is an annual award given to 4-H volunteers who do an exceptional job of providing learning experiences for 4-H members. Nominations must be submitted by 4-H club officers. Each club may nominate one leader in the 1-3 years of leadership category and one in the 4 years or more category.

*SPECIAL NOTE: A leader may be recognized only once in each category (1-3) and (4 and over).*

I nominate (Business, Group, or Person) _____________________________________________________

Candidate Address: _____________________________________________________________________

City ____________________ Zip ______________ Telephone_______________________________

Nominated by: _________________________________________________________________________

(Signature of person or club who is nominating the candidate)

Address: _______________________________________________________________

City ____________________ Zip ______________ Telephone ___________________________________

Position in 4-H: __________________________________________________________
(ex. General Leader, Project Leader, Resource Leader, Youth Member, etc.)

*Please describe the leadership/service/expertise this person/group/business has given to Vernon County 4-H. How has their involvement impacted 4-H? Provide plenty of detail to give your nominee the very best opportunity for recognition!* ____________________________________________________

____________________________________________________________________________________
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If selected, who will be presenting this award______________________________________________
Name of Volunteer nominee: ____________________________________________________________

Club or Activity involved in: ________________________________________________________

Length of service to 4-H: _________________________________________________________

Contact information (email, address and phone): _______________________________________
________________________________________________________________________________
_________________________________________________________________________________

Date of nomination: _________________________________________________

Person nominating the Volunteer: ___________________________________________________________

Contact information (email and phone): _______________________________________________________

Only leaders who have taken Volunteer Orientation and are currently enrolled as a leader are eligible for the Volunteer of the Year award.

Persons nominated for the Vernon County 4-H Volunteer of the Year award must be an active volunteer that is currently in good standing and has taken the Volunteer Orientation Training.

Write why you think this person is deserving of the Volunteer of the Year award. Please address this person’s involvement in 4-H, integrity, creativity, ability to get youth involved, initiative, leadership, and in general tell why you think this person is worthy of this award. You may type up your response. Use additional paper if necessary. Keep the attached scoring guide in mind as you write your nomination.

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*Nominees can only receive this award once.
**4-H ADULT VOLUNTEERS**
**THE FEDERATION NEEDS YOU!**

The Vernon County 4-H Leader Parent Federation is looking for interested adults to serve as vice president and Treasurer for the 2016-2018 term which will begin after the recognition banquet in January.

The purpose of the Federation is to:
a. Assist the Vernon County University Extension office staff in planning, conducting and administering the 4-H program in Vernon County.
b. Set policies and provide financial support for 4-H activities, trips and programs.
c. To serve as an advisory body to County Extension personnel with regard to the county 4-H program.

Please Consider:
——4-H Adult Volunteers with a good understanding of our county 4-H program, along with a willingness to learn, are well positioned to enjoy serving on the Federation.
——Consistent attendance is needed at the monthly 4-H Leader Parent Federation Meetings. (Currently held on the 2nd Sunday evening of the month, 7 p.m. at the UW-Extension, Erlandson Building Conference Room. Meetings generally last 1-1 1/2 hours).
——Proficiency with Microsoft word and e-mail is essential.

**Vice President**
The role is a two year term, the first year being a support to the President of the federation and the second year to moving into the President role.

Duties include:
Filling in for executive officers that may not be able to attend a meeting, including leading the Federation meeting if the President is not able to attend. Serve as chairman of the promotion committee. Assist in providing 4-H officer training.

**Treasurer**
This is a two year term. The Treasurer shall be responsible for keeping Federation financial records and will handle all disbursements and receipts of Federation funds. In addition he or she shall give a Treasurer’s Report at each Federation Board meeting and present bills to be paid for approval. The Treasurer will help prepare an annual budget for the Federation. Any unbudgeted or questionable expenses shall be reviewed by the Federation Board.

Voting will be conducted at the January recognition banquet. For further information, or to express interest, please contact the Extension Office, 637-5276.

Thank you to Pat Peterson, Joanne Dach & Anne Marie Elwing for volunteering to serve on the Recognition Committee! This is a 3 year term.

Arena Bark has agreed to take on the role as our Vernon County 4-H Photography Leader. Interested in having Arena meet with your club and perhaps plan a photography project? Please contact her via email: arena.physicaleducation@gmail.com
Vernon County Land & Water Conservation have three exciting Contests going on now! For more information or entry forms on any of the contests go to: www.vernoncounty.org or contact Sarah McDowell at 608-637-5484 or smcdowell@vernoncounty.org.

Youth Conservation Poster Contest
The theme this year is “We All Need Trees!” and the contest is for grades K-12. Each participant will receive a small participation prize with three grand prizes given to the top three posters in each age category. The top posters will move on to an area contest, followed by a state, and national contest for a chance at additional prizes. All posters are due to the Vernon County Land & Water Conservation office located at 220 Airport Rd., Viroqua, WI 54665 by Friday, January 22nd by 4:00 p.m.

Conservation Photo Contest
Would you like a chance to show off your beautiful photos of Vernon County? Vernon County Land & Water Conservation will be holding a Conservation Photo Contest for any amateur photographer of any age. There are both a Youth and Adult age category and you can submit up to five photographs that you take anywhere in Vernon County. The Photos have to be entered into one of the following four categories: Conservation Practices, Close Up Conservation, Conservation in Action, and Ag/Conservation Across America. The top three photos in each category will be awarded a small prize and move onto the National Competition. All photographs are due by November 1, 2015.

Youth Conservation Speaking Contest
The contest is for students in grades 5-12, and is a great way for them to practice giving a formal speech. The topic can be anything promoting conservation of natural resources and they should address soil and water conservation issues. Any interested person should contact our office no later than Friday, December 18, 2015. We will then schedule a date and time that works for you to listen to and judge the speeches. The top speech in each age category will have a chance to compete at the area level and possibly even at the state level. All participants will receive a small participation prize, with the top three receiving larger prizes.

Vernon County 4-H celebrates National 4-H Week by showing appreciation to the Vernon County Broadcaster, (Angie Cina and Joanne Hornby longtime 4-H volunteer leader) and WVRQ (Joanne Hornby and Gary Gilbertson).
Learn the Language of Cooking

You don’t have to be a chef to cook healthy meals, but following recipes is easier if you understand the vocabulary. Here are a few terms often seen in recipes.

**Cutting Methods**
- **Slicing**—to cut through or across into slices, generally pieces are about the same size.
- **Chopping**—cutting food into smaller pieces of no particular size or shape.
- **Dicing**—cutting foods into uniform square pieces.
- **Mincing**—cutting food into very small pieces.

**Dry Heat Cooking Methods**
- **Baking**—cooking food surrounded by the hot, dry air of your oven.
- **Roasting**—cooking meat, poultry or vegetables in the oven; food is not covered.
- **Broiling**—cooking with the heat source above the food.

**Moist Heat Cooking Methods**
- **Poaching**—cooking delicate foods such as eggs or fish in liquid that is hot but not boiling.
- **Simmering**—cooking food in a hot liquid that is bubbling but not boiling.
- **Boiling**—cooking food in a rapid boil.
- **Steaming**—cooking food in steam created by boiling liquid in a covered pot; food does not touch the liquid.

Source: Academy of Nutrition and Dietetics

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**Make Ahead Breakfast Burritos**
Reheat for a quick breakfast on the go!

1 cup potatoes, diced (1 medium potato)

1/2 cup onions, diced (1/2 medium onion)

1 cup bell peppers, diced (1 medium pepper)

8 eggs, beaten

1/8 teaspoon garlic powder

1/4 teaspoon ground black pepper

1 cup low-fat cheddar cheese, shredded

8 flour tortillas (8"

1. Spray a large skillet with cooking spray. Cook the potatoes for 6-10 minutes over medium heat. Add onions and peppers, cook for 3 to 4 minutes until the potatoes are browned.

2. Add beaten eggs to the vegetable mixture. Cook for 4 -5 minutes over medium heat until liquid is gone. Stir in garlic powder and pepper.

3. Roll up each burrito. Use 2 tablespoons of cheese and 1/2 cup of the egg mixture. Serve or freeze.

To freeze: Wrap each burrito tightly in plastic wrap. Freeze in single layer on cookie sheet. Store wrapped burritos in a freezer bag. To reheat: Remove plastic wrap. Wrap burrito in a damp paper towel. Heat in microwave on medium power for 3-4 minutes. Source: Iowa State University Extension
Sharing Their Tradition, Monroe County 4-H Welcomes You to

CLOVER COLLEGE

WHO:  Cloverbuds and Explorers in 5K through 2nd Grade
WHEN:  Saturday, January 16th, 2016
TIME:  1:00 P.M. until 3:30 P.M.
PLACE:  TBA

CLOVER SESSIONS: Participants will be assigned to a clover group and led by a Junior Leader. Sessions will be 20 minutes in length. Clover groups will rotate to all clover sessions. 4-H adult volunteers and junior leaders will teach twenty-minute sessions.

- Cultural Arts - Get creative and take home a creation all your own!
- Foods - Make a yummy treat, learn and eat!
- Recreation - Have fun at what you love best...playing!
- Natural Science - Investigate the natural world and see what's in store.
- Mechanical Science - Find out how and why things work the way they do.
- Animals - Furry, scaly, feathery, so many choices. Find out what's a good fit for you!

COST: $5 per child. Maximum of $10 per family.
(For Vernon County Youth, complete registration information will be available at our office and on our website: http://vernon.uwex.edu)

IN CASE OF WINTER STORM: If weather is bad, Clover College will be cancelled. Tune to WVRQ 102.3 FM on January 16 for weather-related information. We will cancel by 10am.

JUNIOR LEADER LOCK-IN TOO

That’s Not All Folks!!! Junior Leaders and Vernon County friends, 7th grade + stay for the after party. Stay the night with a great group of people, pick up on Sunday by 11am. (4-H Sleep over rules in place, of course.)

What do you do at a lock in?

Eat—there will be tons of food, feel free to add to the stash with your favorite snack.
Play—all kinds of games from video to board to team.
Plan—what kind of impact can a bunch of kids have on our area?
Serve—there will be short simple service projects to work on during the night.
Sleep—we will sleep because the grown-ups need it!
Go global with 4-H International immersion programs in 2016!

Interested in exploring all the world has to offer? If so, 4-H International programs are for you! Here is your chance to learn about the world by immersing yourself in daily life as a member of a family in a different country. By participating in a homestay instead of traveling as a tourist you’ll have the opportunity to learn about the country’s culture from an insider’s perspective, evolve as a global citizen, quickly adapt to new situations and ways of communication, and develop friendships and memories that will last a lifetime. If you’re a 4-H youth 12 or older, you can apply to participate with other 4-H’ers from around the U.S. to live for a month next summer with either Costa Rica 4S, Norway or South Korea 4-H, or Japan Labo or LEX families. Japan also offers an optional additional month of intensive Japanese language training. Wisconsin 4-H partners with States’ 4-H International Exchange Programs where advance preparation and safety are top priorities. All 4-H international delegations are accompanied by carefully selected and trained 4-H volunteer or staff Adult Advisors who support youth delegates to ensure that they have a positive experience. Visit [http://wi4hinternational.org/](http://wi4hinternational.org/) for additional information and an application. Applications are due to the Wisconsin 4-H International Programs office December 1, 2015. Questions? Contact [wi4hinternational@gmail.com](mailto:wi4hinternational@gmail.com) or call 608-262-2491 or 608-262-1557.

Upham Woods Outdoor Learning Center

Doris is retiring!

On 10/13/15 at beautiful Upham Woods, a celebration of Doris Bass’s 23 years of service with UW Extension will take place. We wish Doris all of the best in her retirement!

Upham Woods Outdoor Learning Center provides educational opportunities to youth, youth leaders, and adults through programs focused on environmental and leadership education.

An EEO/AA employer, University of Wisconsin—Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding.

National Youth Summit on Agri-Science

January 15-18, 2016

At the National Youth Summit on Agri-Science high school students develop the skills and knowledge needed for the challenges facing agriculture, food security and sustainability. National 4-H Council and National 4-H Conference Center have partnered with agricultural scientists, researchers, leaders, politicians, and advocates to host the National Youth Summit on Agri-Science. This Summit emphasizes hands-on educational experiences led by experts in the agricultural community.

Participants

This Summit is open to any high school student in grades 9-12 as of September 2015. Participate as a team (as few as two and as many as 10) with at least one adult mentor/chaperone. Youth interested in attending National Youth Summit on Agri-Science should contact leaders in their school, club, scout troop, religious organization or parent to identify an adult to register and accompany them to the event. Registrations will be opening soon! In order to register you will need information for both the adult chaperones and students. Information needed is as follows:
Adult and Youth Leaders - Mark Your Calendars for Fall Forum and Hall of Fame Celebration
Don’t miss out on a great statewide workshop for youth and adult leaders!!!

**What:** Fall Forum and Hall of Fame Celebration

**When:** November 6-8, 2015 (starting with registration at 6:00 p.m. Friday, Nov. 6 and ending 10:30 a.m. Nov. 8)

**Where:** Chula Vista, Wisconsin Dells

**Who:** Each county is encouraged to send a delegation of youth and adults
- 7th – 13th grade youth
- Adult volunteer leaders
- Staff are invited and encouraged to attend as your schedule permits

**Cost:**
- $100 registration fee for youth and for adults
- (Includes 4 meals, breaks, facility fees and supplies) Market Fresh Buffet will be used for lunch and breakfasts.

**Lodging:**
- Adults
  - $60/night if there are a minimum of two adults
  - $75 - Single adult room
  - $35/night with three or more adults per room
- Youth
  - $35/night with three – four youth per room

Note: The room cost increases if there is more than one person. This is why the room rates are not half of the single room rate.

The program kicks off Friday evening with over 15 interactive sessions. Saturday offers more than 25 workshops to choose from. Top off the night with a special celebration where 10 people will be inducted into the Wisconsin 4-H Hall of Fame. An evening of circle dancing and table games will follow the celebration. Sunday morning brings a high energy program that you can use at the club or community level.

All youth participants need to have a chaperon who has completed Youth Protection identified when they register.

**Top Ten Reasons Youth and Adult Leaders Will Want To Attend!**

1. 15+ interactive sessions Friday night… science, archery, 4-H Military Kids, exploring Upham Woods,
2. 25+ sessions Saturday from electricity and photography to first generation 4-H and team building
3. Hear the Vision for 4-H from State Program Director Dale Leidheiser
4. Get to meet adults and youth from around the state
5. See youth adult partnerships in action
6. Networking and idea sharing
7. Be part of Wisconsin’s largest university youth outreach program!!
8. Great ideas and projects to take home to use in clubs, schools and community settings
9. Have fun!
10. Celebrate Wisconsin 4-H and learn more about First Generation 4-H!

Ask your county Extension Staff about registering today.

Register through 4-HOnline beginning September 4th. Registration will end September 28th.

This program is partially funded by the WI 4-H Foundation.
<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>ACTIVITY</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun.—Sat.</td>
<td>Oct. 4-10</td>
<td>National 4-H Week!</td>
<td></td>
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<tr>
<td>Sunday</td>
<td>Oct. 11</td>
<td>L/P Federation Mtg</td>
<td>7:00 p.m.</td>
<td>UW-Extension Office, 1st Floor Meeting Rm</td>
</tr>
<tr>
<td>Friday</td>
<td>Oct. 16</td>
<td>Shooting Sports Certification Workshop—Registration Deadline</td>
<td>For reg. info. see pg 8 of this newsletter</td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>Oct. 19</td>
<td>Window Display Entry Deadline!</td>
<td>4:30 p.m.</td>
<td>UW-Extension Office</td>
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<tr>
<td>Sun.—Sat.</td>
<td>Oct. 25-31</td>
<td>Widow Display’s Take Place &amp; Judged</td>
<td></td>
<td>Various Local Businesses</td>
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<tr>
<td>Friday</td>
<td>Oct. 30</td>
<td>Calendar Raffle Drawing Ends!</td>
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<tr>
<td>Fri.—Sat.</td>
<td>Oct. 30-31</td>
<td>Multi Co. Shooting Sports Certification Course</td>
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<tr>
<td>Fri.—Sun.</td>
<td>Oct. 30—Nov. 1st</td>
<td>4-H Horse Leader Conference</td>
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<td>UW-Oshkosh</td>
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<tr>
<td>Saturday</td>
<td>Oct. 31</td>
<td>Happy Halloween!</td>
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<tr>
<td>Sunday</td>
<td>Nov. 1</td>
<td>Project Activity Reports, Trip, Key Award Friend of 4-H &amp; Spec. Ldr Applications Deadline!</td>
<td></td>
<td>UW-Extension Office</td>
</tr>
<tr>
<td>Thursday</td>
<td>Nov. 5</td>
<td>Budget Meeting</td>
<td>7:00 p.m.</td>
<td>UW-Extension Office</td>
</tr>
<tr>
<td>Fri.—Sun.</td>
<td>Nov. 6—8</td>
<td>Fall Forum &amp; Hall of Fame Celebration</td>
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<td>Chula Vista, Wisconsin Dells</td>
</tr>
<tr>
<td>Sunday</td>
<td>Nov. 8</td>
<td>L/P Federation Mtg</td>
<td>7:00 p.m.</td>
<td>UW-Extension Office, 1st Floor Meeting Rm</td>
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<tr>
<td>Wednesday</td>
<td>Nov. 11</td>
<td>Trip &amp; Key Award Interviews</td>
<td>5:00 p.m.</td>
<td>UW-Extension Office, 1st Floor Meeting Rm</td>
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<tr>
<td>Sunday</td>
<td>Nov. 15</td>
<td>4-H Re-Enrollment Deadline!</td>
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<tr>
<td>Thurs.—Fri.</td>
<td>Nov. 26-27</td>
<td>Happy Thanksgiving! - Office Closed</td>
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<tr>
<td>Monday</td>
<td>Nov. 30th</td>
<td>Pickup Remaining Fair Entries—Deadline!</td>
<td>4:30 p.m.</td>
<td>UW-Extension Office</td>
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**What’s Cookin’ - October/November Recipe**

*Linda Morrison, UW-Extension Office*

**Pioneer Woman’s Dumplings**

1 1/2 Cup Flour
1/2 Cup Yellow Cornmeal
Heaping Tbl Baking Powder
Tsp Kosher Salt
1/2 Cup Half & Half

Stir gently to combine. Drop by 2 spoons into hot liquid, cover and cook 15 minutes.